

Enriching Individual Life Journeys.

February, 2018

LOOKING BACK AT 2017

By the calendar, 2018 is only two months old, and the year is filled with promise. We'd be remiss if we did not take a little time to reflect on all the wonderful things that happened at Sunset last year. As always, we are so appreciative that you and your family have chosen Sunset as home and continue to support our mission of "Enriching Individual Life Journeys!"

New Rehab Opens at Sunset Village Complete with a 6,000 sq. therapy gym with state-of-the-art equipment, Swimex therapy pool and mobility court. The new therapy center has private, apartment-style suites with bathrooms for those requiring an inpatient stay for therapy. Therapy is available as an outpatient, too.

Fieldstone Villas Groundbreaking. In September, we broke ground on the new Clubhouse for Fieldstone Villas. The 10,000 sq. ft. building will provide a spacious area for Villa residents to gather, exercise and enjoy an evening dinner meal. Expected opening will be in the Fall. Plans are underway for the next phase of Villas, too!

Sunset House Updates The summer months brought the completion of updates to Sunflower Lane. Several suites received facelifts that included new carpet, paint and updated, private bathrooms. The Sunflower Lane Dining Room was also given a fresh look with new carpet, wall coverings and paint. The Library in Sunset Hall received a little update for its rededication in September. In October, Sunset Court transitioned to a secured, memory care area, offering an additional level of care at Sunset House.

Throughout the year, many guest speakers offering educational opportunities were presented to not only our family and friends, but to the broader community, and we look to do even more this year!

Other fun activities such as the annual Easter Egg, the Summer Concert series, Safe Trick or Treat and the Holiday Open Houses are also on the calendar and we look forward to seeing you there!

MEDICARE ID CARD ROLLOUT

The Centers for Medicare & Medicaid Services (CMS) is set to begin the rollout of the new Medicare Beneficiary ID (MBI) cards beginning in April, 2018 with a full switchover to the new ID cards completed by 2020. The new cards will be sent through the mail and according to its strategic rollout plan, Ohio residents should expect to receive theirs sometime after June, 2018.

The new cards contain a unique combination of 11 numbers and uppercase letters assigned on a random basis and will be scrubbed of Social Security numbers to make it harder for identity thieves to steal personal information.

Once you receive the new MBI card, please let us know so that we may update our records.

For additional information on the rollout and the MBI card please visit: www.medicare.gov.

REHAB INFORMATIONAL EVENT AT THE WOODLANDS

Join us **Thursday, February 15th at 2pm** in the Woodlands Dining Room, as Isaiah Rupp, Director of Rehab Services for SRC presents "**Mobility with Stability**".

Maneuvering with a wheelchair, walker or walking cane can be a major feat and even more so in this winter weather. Come learn from Isaiah on how to best use your devices in this inclement weather with improved stability.

No RSVP required. Refreshments will be served.

VISITING DURING FLU SEASON

If you are exhibiting signs and/or symptoms of the flu please take every precaution before you visit.

Thank you for helping to keep our residents and staff healthy.

SUNSET HOUSE

THE WOODLANDS

ASHANTI HOSPICE & PALLIATIVE CARE

SUNSET VILLAGE

FIELDSTONE VILLAS at Sunset Village



The Update is published monthly for family and friends of Sunset Retirement Communities.

It is available on-line at www.sunset-communities.org or through email. You may opt-out at any time.



SUNSET HOUSE

SUNSET HOUSE MIX AND MINGLE FINE DINING EVENT

You're invited to join us for this month's Mix and Mingle Fine Dining event on **Friday, February 16th**. The evening kicks off with Happy Hour at **4:30 pm** featuring Wine, Beer and Mini Quiche appetizers. Dinner will be an elegant meal of Glazed Shrimp Skewers over Lemon Rice, Cilantro Cole-slaw and Assorted Dessert Bars. A guest meal is \$10. Contact our receptionist to make your reservation.



SUNSET VILLAGE

YOU CAN DIAL DIRECT

If you need to reach an individual at Sunset Village, dial 419-724-1209 and following the prompt, enter their extension. You should connect with person to whom you wish to speak.

NEW CLOTHING

Please label any new clothing you bring in for your loved one. If you cannot label them, please leave unmarked items at the nurses station instead of taking them directly to the rooms. Our staff can label them.



ASHANTI HOSPICE

MEET OUR VOLUNTEER: MARGIE RITTER

Why did you choose to volunteer for Ashanti Hospice?

"I lost both of my parents, so doing this gave me purpose. I wanted to volunteer for Ashanti, because I have so much respect for what they do. Hospice made my experience of losing my mother better and I wanted to be part of that. The education provided is so beneficial. I have nothing but good things to say about the work Ashanti does."

What have you gotten out of volunteering for Ashanti?

"Volunteering for Ashanti has been comforting. It helped me in my own grief. I'm able to share with someone, and they share with me. I love to talk about old memories with clients and play cards. You start to look forward to seeing that person and they look forward to seeing you. I think I get more out of it than they do sometimes".

What advice would you give someone who is thinking of volunteering for Ashanti?

"The information Ashanti provided helped educate me. Volunteering is a way I can give back and it's so rewarding!"

We're glad we have a good volunteer like Margie! She is consistent and comes to see our clients every chance she can. It's clear that Margie thinks highly of us, and the feeling is mutual!

If you're looking for a wonderful Volunteer opportunity, give Ashanti a call at 419-724-1047, and speak to Danielle.



THE WOODLANDS

WOODLANDS' FUN

The Woodlands residents, (and Lilly, too), rang in the New Year with a



"Countdown to Noon" Party. Hats, noise-makers, hors



d'oeuvres and a Champagne toast

added to the festivities. Entertainment was provided by the Acoustic Crossings Band.

Keeping our fine feathered friends in mind, a crafty group from the Woodlands created Pine Cone Bird Feeders and hung them outside on tree branches around the building!



FIELDSTONE VILLAS AT SUNSET VILLAGE

FIELDSTONE VILLAS CLUB HOUSE

Perhaps you've noticed the progress on the Fieldstone Villas Club House? Set to open in the Fall, this next phase of Villa development will provide a great space for activities for our Villa residents. For information about Fieldstone Villas, please contact Heather at 419-386-2686.