

Enriching Individual Life Journeys.

September, 2016

AS THE FALL WEATHER BEGINS.....

With the falling of the leaves and the cooler air right around the corner, can Flu and Pneumonia season be that far behind? Flu and Pneumonia Vaccines will be available to residents of Sunset Retirement Communities. Additional details will be coming shortly.

This would also be a good time to make sure that all insurance and contact information for your family member is up-to-date.

Please see a member of the Sunset staff for any questions you may have.

Also, at this time, if you are changing out your family members wardrobe with warmer sweaters, sweatshirts and heavier jackets, please make sure they are properly labeled with the residents name.

TEAM FORMING FOR THE NORTHWEST OH ALZHEIMER’S WALK

Again, this year, Sunset Retirement Communities will be participating in the Northwest Ohio Alzheimer’s walk. The walk is scheduled for October 8 and will be held at the University of Toledo. It is a short walk about 1– 2 miles in length and the walk begins at 11:00 am with kick-off festivities beginning at 9:30 am. Friends and family are welcome to join the “Sunset Striders” team by registering at the Northwest Ohio Alzheimer’s Association website. There is **no fee** to participate in the walk or as a member of the Sunset team.

Can’t walk? Look for some of our fundraisers going on throughout September!

REHAB COMING ALONG:



Progress is taking shape on the new Rehab neighborhood at Sunset Village, with grand opening slated for later this fall.

The rehab will offer physical, occupational and speech therapy services in a state-of-the-art gym. A Swimex pool with non-skid surfaces and varying levels of depth will provide a variety of therapeutic offerings. The rehab will also have an outdoor mobility court with different grades of surfaces to allow patients to work with a therapist on their gait.

There will be 15 private apartments suites for patients. The rehab center features a family kitchen and parlors for visiting with family and friends, allowing patients many of the comforts of home.

TO CONTACT US:

- Sunset House.....419-536-4645
- The Woodlands.....419-724-1220
- Ashanti Hospice & Palliative Care..... 419-724-1047
- Sunset Village419-724-1200
- Fieldstone Villas.....419-386-2686

www.sunset-communities.org



Sunset Retirement Communities



SUNSET HOUSE

PHASE I UPDATE

Phase I construction is complete in Sunflower Lane and we're awaiting occupancy. We anticipate we will be able to begin Phase II construction very shortly. Thank you for your patience as we continue with these improvements.



SUNSET VILLAGE

MED TECHS ADDED

Recently, we have added Med Techs (MA-C), individuals who went through additional training, and are certified by the state of Ohio Nursing Board to our staff in AL on the 1st and 2nd shift.

To identify a Med Tech and what they can assist with please note the following: They wear Pink lab coats when they are doing their MA-C duties. They are able to administer oral, topical and inhaled medicines under the supervision of a licensed nurse. When the coat is off they're able to help with caregiving.

There *is always* a nurse available that the MA-C works with to ensure quality of care.

DEMENTIA EDUCATION NIGHT SCHEDULED

Please join us on Tuesday, September 27 at 7 pm in the Main Dining room of Sunset Village as we welcome dementia experts Diana Waugh and Barbara Brock. Diana and Barbara, who have many years working with dementia will speak on dementia and the reality clock comprehension test and answer any questions you may have.

We hope you'll be able to attend this informative and educational session!



THE WOODLANDS

THANKS!

Recently, Woodland Resident Jeanann was featured on SRC's Facebook page for Thankful Thursday! Jeanann has knitted caps for the NICU for many years!

Thank you Jeanann!



ASHANTI HOSPICE

RECOGNIZING PAIN

Many people can experience different types of pain at the end of their life and sometimes they're able to express it nonverbally making it difficult to recognize. Nonverbal signs can include facial expressions such as a slight frown, grimacing or frightened face; Verbalizations/Vocalizations like-sighing, moaning or groaning; Body movements may include a rigid, tense posture or fidgeting. Interpersonal interactions may become aggressive, combative and they may resist care.

Mental status changes can include crying or tears, increased confusion, irritability and distress.

September is Pain Awareness Month. If you would like more information on how to recognize pain or about Ashanti Hospice, please contact us at **419-724-1047** to arrange an informational meeting.



FIELDSTONE VILLAS
AT SUNSET VILLAGE

FIELDSTONE VILLAS ALMOST READY!

Fieldstone Villas, our brand new neighborhood of lovely, maintenance free homes is almost complete, and the first residents should be moving in this month.

Life at Fieldstone Villas gives you more time to do the things you enjoy. All maintenance, inside and out is provided as well as 20 meals a month, bi-monthly housekeeping and many more amenities.

If you would like more information about a carefree life at Fieldstone Villas, please contact Felice at 419-386-2686 or fwolff@sunset-communities.org

