

Enriching Individual Life Journeys.

October, 2016

FLU VACCINE AND FACE SHEET UPDATES

By this time, all responsible parties should have received consents for flu vaccine and educational information about the pneumonia vaccine.

Vaccines are scheduled to be administered during October.

A face sheet should have also been sent for you to update as well.

Please return to the front office at your facility so we can update our records.

If you have any questions, or need additional assistance, please see a member of the Sunset team.

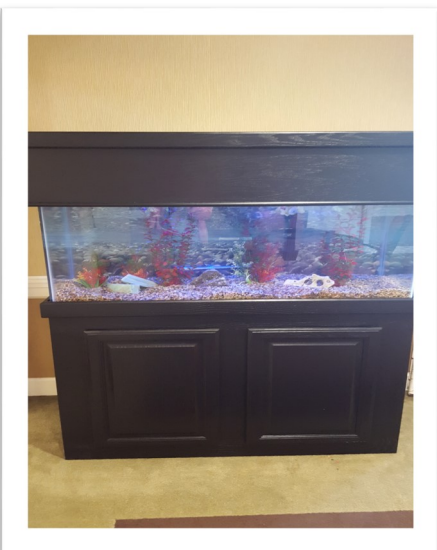
THANK YOU!

Through your generous support, we were able to purchase and stock salt water fish tanks which are located in Finlay and Overmeyer Court!

Our residents enjoy having the fish tanks around! The movement of the brightly colored fish, the vibrant coral and

the lighting in the tanks really add to the household. The residents and staff have taken an active role in feeding the fish and spend time watching them eat afterwards.

This would not have been possible without your help!



WALK TO END ALZHEIMER'S

There's still time to join the "Sunset Striders" in the NW Ohio Alzheimer's walk, on **Saturday, October 8** at UT. Kick-off festivities begin at 9:30 am and the short walk (about 1- 2 miles) starts at 11:00 am! Friends and family are welcome to join the team by registering at the Northwest Ohio Alzheimer's Association website. There is **no fee** to participate in the walk or as a member of the Sunset team.



BUCKEYE CABLE TV SERVICES

Recently, Sunset Retirement Communities renewed its contract with Buckeye Cable System for the cable TV services we provide our residents. During this renewal period, Buckeye Cable Systems informed us that some of the FOX channels we receive would no longer be available to us without an additional charge equal to 70% of our current cable TV expense.

To continue to provide the FOX channels, which include various baseball, football, other sporting events and Big Ten Network, many of you enjoy watching, we have agreed to make available the channels on TV's located in the common areas of our buildings.

We realize this might not be the best alternative, but we feel it's the best compromise available to us without having to pass the additional cost to you over and above your normal annual cost increases.

The change in service will have occurred during the last weeks of September. We thank you for your understanding and should you have any additional questions or need assistance locating the common area TV's please feel free to contact your building's administrator.



SUNSET HOUSE

HAPPY HALLOWEEN

Sunset House will be having our Safe Trick or Treat on **Wednesday, October 26th** from 6:00-7:30 pm.

Candy donations are welcome and each donation gets you a raffle ticket to win a Gift Basket full of Fall delights!

Donations are accepted at the Manor front office.



SUNSET VILLAGE

CHATTER BAGS

As part of our new Dementia initiative, we've developed "Chatter Bags" to help initiate conversation with your loved one who has memory loss.

Please be on the lookout for our "Chatter Bags" to be located in Finlay Court and by the Healthcare Fireplace. These bags will be themed on a certain topic such as baking or fall and will include items to stimulate conversation.

Please send any comments about the Chatter Bags to Janel at jsmith@sunset-communities.org.

SAFE TRICK OR TREAT

This year, Sunset Village will host its annual Safe Trick or Treat on **Wednesday, October 26th** from 6:00 -8:00 pm. Candy donations are welcome and can be brought to the front office. Thank you for helping to make this a fun event for our residents, families and friends.



ASHANTI HOSPICE

MARK YOUR CALENDARS

On **November 20th**, Ashanti Hospice and Palliative Care will hold its Annual Memorial Service to honor the lives of those who were part of the Sunset Community who have passed. The service will be held from 2-4 pm in the Community Center at Sunset House. Staff, family and friends from all Sunset Retirement Communities campuses are invited to join us as we celebrate the lives of those we have lost. If you have any questions, call the Ashanti office at 419-724-1047.



THE WOODLANDS

THE POWER OF KNITTING

Paula Kartman of The Woodlands knitting group began making afghans and donating them to TTH oncology department years ago. She became affiliated with Dr. Dagmar Stein, when her grandson was diagnosed with a rare form of cancer and Dr. Stein was able to help him.



Jeananne Olds, also of The Woodlands knitting group was put in contact with Dr. Howard Stein of the Neonatal intensive Care Unit where she has been knitting baby caps for the infants in this unit.

Thank you to both Paula and Jeananne for using their talents to brighten someone's day with a lovely handmade gift.



FIELDSTONE VILLAS
AT SUNSET VILLAGE

FIELDSTONE VILLAS

The completion of Fieldstone Villas creates a Life Plan Community, (formerly known as a Continuing Care Retirement Community) at Sunset Village. A Life Plan Community is a senior living option which offers all levels of living at one location. It also provides security for you and your loved ones, knowing that you have priority access to any level of care you may need and a place to always call home!

The U.S. Department of Health and Human Services recently found in a study that people in Life Plan Communities live longer and healthier lives. If you or someone you know is interested in learning more about Fieldstone Villas and Sunset Retirement Communities Life Plan Community, please contact Felice 419-386-2686 or fwolff@sunset-communities.org.

TO CONTACT US:

Sunset House.....	419-536-4645
The Woodlands.....	419-724-1220
Ashanti Hospice & Palliative Care.....	419-724-1047
Sunset Village	419-724-1200
Fieldstone Villas.....	419-386-2686

www.sunset-communities.org



Sunset Retirement Communities