



*Enriching Individual Life Journeys.*

August, 2016

## WE'RE HALFWAY THROUGH 2016...

Many exciting things that have been going on with Sunset Retirement Communities:

- ◆ *Sunset Village* is adding a beautiful new Rehab Center with a warm water therapy pool and the addition of 15 private apartment–style suites. Look for the Rehab to open in late fall.
- ◆ *Fieldstone Villas*, our Independent Villa homes, is nearing completion! We expect to welcome our new residents very shortly.
- ◆ *Sunset House* has completed its first phase of renovation on Sunflower Lane and is gearing up to begin the second part later this month.

In addition, we have recently contracted with new pharmacy and therapy services to continue to provide the best care for your loved one.

We're so very excited about all the good things happening on our campuses!

## FINAL CONCERT OF 2016 SUMMER SERIES



Please join us on **Thursday, August 18** from **6:30 pm to 8:00 pm** on our Indian Road campus, as we wrap up our 2016 Summer Concert series. *Ragtime Rick and the Chefs of Dixieland* will perform New Orleans style jazz!

Popcorn, ice cream and lemonade are served free of charge. Seating is limited, so please bring a chair or blanket.

## A CAREGIVER'S PROMISE:

*We smile and comfort*

*We nourish and hydrate.*

*We wash and lotion to keep them smelling sweet.*

*We play games and eat ice cream together.*

*We dance and sing and act silly.*

*We laugh and cry with them.*

*We feel the weight of mortality.*

*We sing and pray and hold their hands.*

*We apply lip balm, because lips are so dry near the end.*

*We hunt and find more pillows.*

*We position, reposition and reposition again.*

*We make comfort our goal.*

*We grab a hand and say to them "it's okay to go.*

*You're not alone."*

*We know the blessing of spending their last days on earth with them.*

*We know the curse of spending their last days on earth with them.*

*We love and we say "goodbye" so often. Too often.*

*We feel the loss.*

*We really do. But we come back again.*

*We know it's our calling.*

*We are caregivers.*

The above poem was written by Kim Jenne, who is a caregiver at Sunset Village. Her eloquent words are dedicated to the memory of the residents we have lost. Thank you, Kim.



SUNSET HOUSE

## SUNFLOWER LANE RENOVATIONS

The Sunflower Lane Remodel for Phase I is nearly complete. Final inspections should be conducted by mid-July. Sunset will then request occupancy from the State of Ohio. Families will be notified when apartment moves will occur.

Towards the beginning of August, the second phase of renovation will begin in Sunflower Lane. The entire staff at Sunset House would like to thank everyone for their patience as we complete this very needed remodel.



THE WOODLANDS

The residents of The Woodlands have had many special events the past couple of months including a guest lecture by Madge Levinson. Ms. Levinson, a stage and film actress, shared her secrets for aging gracefully.

The Woodlands residents celebrated a Red, White and Blue Social. Delicious desserts were served to mark the 4th of July.



ASHANTI HOSPICE

## WHEN'S THE RIGHT TIME?

**Now** is the best time to learn more about hospice care and ask questions about what to expect. End-of-life care may be difficult to discuss, it's best for loved ones and family members to share their wishes long before it becomes a concern. This can greatly reduce stress when the time for hospice becomes apparent. Having these discussions in advance, avoids uncomfortable situations. Instead, educated decisions can be made that include the advice and input of loved ones.

We invite you to contact Ashanti Hospice and Palliative Care to set up an informational meeting to learn more about hospice services and what Ashanti has to offer. You can also find this article, along with other helpful information, at the National Hospice and Palliative Care Organization's website at [www.nhpco.org](http://www.nhpco.org).

Ashanti Hospice and Palliative Care **419-724-1047**



SUNSET VILLAGE

## HOW DOES YOUR GARDEN GROW?

Kallie Inman, a Life Enrichment Assistant at Sunset Village, recently shared a wonderful story of The Eden Philosophy at work! One resident, Lettie, planted beautiful flowers in the courtyard located outside the Main Dining Room. She enjoys gardening and worked so hard everyday on planting flowers in the garden beds and making Sunset Village look beautiful.

## TRANSPORTATION REQUESTS

So that we may best serve all our residents who may need transportation for a scheduled appointment, we ask that you kindly provide notification that transportation is required at least 48 hours or more in advance. This will allow us time to arrange transportation staff accordingly. To arrange or request transportation, please check with the front desk staff.

Thank you for your cooperation and assistance.



FIELDSTONE VILLAS  
AT SUNSET VILLAGE

## WELCOME HOME, VILLA RESIDENTS!

Our first residents are moving into their new villa homes this very soon! The construction of several of the villas continues to near completion and they are now awaiting occupancy. The "Villa-gers" have anxiously waited for this big event.

While most of the villas have been reserved, a few remain available. Please feel free to contact Felice at 419-386-2686 or [fwolff@sunset-communities.org](mailto:fwolff@sunset-communities.org) for more information about Fieldstone Villas.

### To Contact Us:

Sunset House.....	419-536-4645
The Woodlands.....	419-724-1220
Ashanti Hospice & Palliative Care.....	419-724-1047
Sunset Village .....	419-724-1200
Fieldstone Villas.....	419-386-2686



[www.sunset-communities.org](http://www.sunset-communities.org)